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**FOR RELEASE**  
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**11<sup>TH</sup> ANNUAL CHILDREN'S HEALTH & SAFETY FAIR MAKES LEARNING ABOUT HEALTH,  
FITNESS & SAFETY FUN FOR THE WHOLE FAMILY!**

TRACY, CA – The popular Children's Health & Safety Fair is set for Saturday, May 9th, 10:00 a.m. to 2:00 p.m., at Sutter Tracy Community Hospital. Last year, more than 5,000 people attended and hundreds received free health screenings.

Fair attendees will experience a wealth of information and resources; with **over 55 booths and exhibits from community health agencies, Tracy Police, Fire Department and more. Local health care professionals will answer questions and provide free hearing and vision screenings, along with free dental screenings by a local dentist.**

Children will love the fair's hands-on learning activities, including the **STCH Supermarket** where kids can "shop" for healthy snacks and learn about healthy eating with Sutter Tracy Dieticians, and the **Wee Care Clinic** staffed by Sutter Tracy nurses. At the "clinic," children can have their blood pressure taken, be hooked up to a heart monitor and practice proper hand washing techniques. The clinic gives children a close up look at what nurses and allied health professionals do on the job.

"We have countless resources available to the community that the public isn't aware of and our goal is to create health and safety awareness for Tracy residents. The fair provides a fun way for the family to spend a Saturday morning, learning about their health and interacting with local agencies," said Children's Health & Safety Fair Co-Chair Kerry Miller, R.N. "We want children and families to leave the fair knowing what they can do to stay safe and healthy."

Come challenge your senses at the **Pediatric Occupational Sensory booth** offered by the Sutter Tracy Physical & Occupational Therapy Department. Children will also want to be sure to stop by the **All-American Sports Academy** booth to practice baseball throwing and swinging techniques.

The ever popular **California Highway Patrol Bike Safety Rodeo** returns just in time for national Bike Safety and Children's Safety month in May. Children are encouraged to bring their bicycles to learn how to maintain and ride them safely. The first 500 participants will receive a free bicycle helmet.

The famous **Teddy Bear Clinic** will also be back. Children of all ages are invited to bring a doll, teddy bear or other stuffed animal for a free "check up." Children will work alongside Tracy physicians caring for the pint-size "patients" just like in a real doctor's office. The Teddy Bear Clinic gives children an opportunity to interact with physicians in a friendly setting. "Even children, who are scared at first, are laughing and having fun by the end of their visit," adds Miller. It's all about decreasing a child's fear of going to the doctor and showing them that we are their friends and want to help them.

For more information, to participate or volunteer for the fair, please call 209-832-6516.

Sutter Tracy Community Hospital is a full-service, acute care hospital that offers a wide array of inpatient and outpatient services. Founded in 1948 by a group of community residents and business members, the hospital became an affiliate of Sutter Health, Northern California's leading non-profit provider of health care services and programs, in 1993. Visit us on the web at [www.suttertracy.org](http://www.suttertracy.org).